



## PROGRAM #: EWAIACES04 - HOW LARGE OPENINGS CONTRIBUTE TO IMPROVED MENTAL HEALTH

**Length:** 1 hour - Credits: 1 AIA HSW CE: HSW: YES - Sustainable: YES

**Description:** This seminar explains how large openings can help improve health and what kind of systems are available for Wind-Borne and Coastal Areas, along with their structurally engineered components. The course focuses on the benefits and applications, types of door systems, and door hardware and testing.

**HSW Justification:**

This course is based on a study published in 1984 in The American Association for the Advancement of Science. The study showed patients who had large windows with a view of nature recovered more quickly from surgery than those who did not have access to natural light. They also needed fewer painkillers during recovery.

**Takeaways:**

By completing this course, the design professional will be able to:

1. The relation between large openings and the improvement of mental health.
2. Define large opening glass wall systems and describe their functional and impact performance benefits.
3. Explain how certain components and materials contribute to the strength and durability of the frame and overall system.
4. Summarize door selection and panel configurations and how this helps determine the most appropriate system and application for the project.

PROVIDER: EURO-WALL SYSTEMS

